Overall, people in the region have more space than the average Kentuckian. This allows more room for wildlife and peaceful vistas. The region has some of the most spectacular scenery in the eastern U.S.

USDA-NRCS soil evaluations for the region suggest that only 6 percent of the land does not have severe limitations for home construction. If those are the areas of settlement, then the actual population density in settled areas is about 1,100 people per square mile—similar to high-density urban areas of Kentucky.