The J.C. Williams Wildlife Management Area is located in the floodplains of Beech Fork and Rolling Fork in the Knobs and Shale Region. Such areas are restricted from development. Wetlands in this and other areas are important because they moderate flooding, improve water quality, and provide habitat for wildlife. Including lakes and ponds, there are over 5,200 acres of wetlands in Nelson County. Photo by Stephen Greb, Kentucky Geological Survey.